



PROVEN PARADIGM
CONSULTING

DEVELOPING ELITE PERFORMERS
AND ELITE PERFORMANCE CULTURES

PROVEN POTENTIAL COACHING PROGRAM



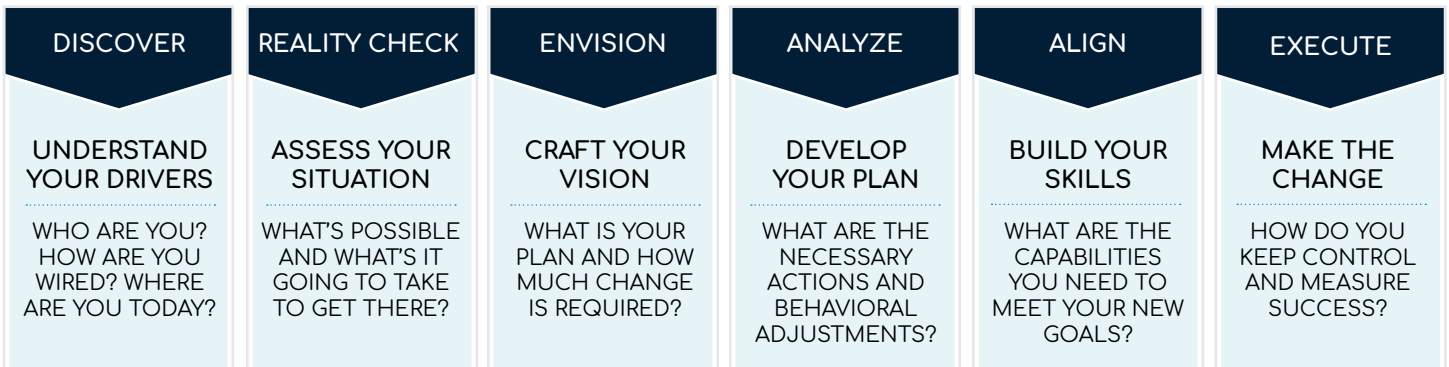
DR. ERIC DOWNING HAS DEVELOPED AND REFINED A COACHING PROCESS THAT FOCUSES ON ELITE BUSINESS BEHAVIORS THAT WILL EMPOWER YOU TO REALIZE YOUR FULL BUSINESS POTENTIAL.

PERSONAL DEVELOPMENT

Leadership, Teamwork, Behavioral Science Insights,
Trust, Competitive Advantage Exploitation

ELITE PERFORMANCE CULTURE

Planning, Change Management, Relentless Risk Assessment,
Vision and Goal Clarity, Impeccable Execution



REALIZE YOUR FULL POTENTIAL

Elite-performing individuals need trusted, candid feedback and advice, often from outside the team or organization. A successful coaching relationship can help you find perspective, break through plateaus and move your capabilities to the next level. Whether you want to achieve growth, hold yourself to a higher standard of accountability, or more successfully navigate the challenges of change, a high-quality coach can help you make that happen.

A COMPREHENSIVE PROGRAM THAT INCLUDES:

- CUSTOMIZED ONE-ON-ONE COACHING
- FOCUSED GROUP COACHING
- STRUCTURED PRE- AND POST- MEETING ACTIVITIES
- BEHAVIORAL SCIENCE ASSESSMENT TOOLS
- FULL PROVEN PARADIGM STREAMING STUDIO DELIVERY
- TARGETED GROUP SESSIONS WITH INDUSTRY PROFESSIONALS



A PERSONALIZED COACHING EXPERIENCE

FULL STREAMING STUDIO DELIVERY

POWERFUL INSIGHTS

Every coaching engagement starts with a behavioral science-based insights analysis that ensures an accurate and deep intuitive understanding of what drives and motivates you. These insights form the cornerstone of the roadmap for your transformative journey. They set the stage for a lifetime of personal and professional growth, ensuring that each coaching session will build on the previous session and take you closer towards achieving your aspirational goals.

WHETHER IT'S YOUR INDIVIDUAL OR TEAM PERFORMANCE THAT YOU'RE LOOKING TO TAKE TO AN ELITE LEVEL, ERIC'S ELITE PERFORMANCE INSIGHTS AND EXPERIENCE WILL EMPOWER YOU TO BUILD AN ELITE PERFORMANCE CULTURE THAT PRODUCES UNPARALLELED RESULTS.

ABOUT DR. ERIC DOWNING ▶ CAREER TIMELINE

Eric brings more than 35 years of leadership and development experience gained through an exciting and wide-ranging military career and successful corporate leadership positions. He holds a Masters in Management, a Doctorate in Leadership, and is a Registered Corporate Coach, Six Sigma Black Belt, Certified Professional Behavioral Analyst and Certified Professional Values Analyst.

